

PUT WEIGHT WATCHERS® TO WORK FOR YOU!

UPS has joined forces with Weight Watchers® to bring you special savings on valuable and convenient weight-loss solutions from the only commercial weight-loss plan with evidence it works.¹



Choose a plan that best suits your specific lifestyle and preference

1 Weight Watchers Local Meeting vouchers*

Local Meeting vouchers are a prepaid savings plan that offers the flexibility of attending Weight Watchers meetings in your community when and where it suits you best. There are two options available: 13-week vouchers or 18-week vouchers. To order, call [866-896-9255](tel:866-896-9255).

2 Weight Watchers Online subscription

With an Online subscription you can follow Weight Watchers step-by-step online, with interactive tools and resources like a weight tracker, progress charts, restaurant guides and much more. It is available in two versions specifically designed for men and women with tailored content that speaks directly to each audience. To sign up, see → [page 3](#) of this brochure.

3 Weight Watchers At Work meetings**

At Work meetings bring the Weight Watchers experience right to your workplace where a trained Leader facilitates weekly meetings, and you can benefit from the proven advantage of group support from co-workers.

If you have at least 15 associates interested in an At Work meeting call [1-800-8-AT WORK](tel:1-800-8-AT-WORK) and talk to a local At Work manager about setting up a meeting.

Available only in participating areas in the U.S. Minimum enrollment required.

4 Weight Watchers At Home kit - Deluxe Edition

The At Home kit gives you information and resources by mail to follow our plan step-by-step at home. The kit includes weight-loss tools and bonus products that are conveniently delivered to your home. To order, call [866-896-9255](tel:866-896-9255).



¹ Tsai AG, Wadden TA, Systematic Review: An Evaluation of Major Commercial Weight Loss Programs in The United States, Ann Intern Med. 2005;142(1):56-66.

*Available only in participating areas in the U.S. Total cost must be paid in advance or through Weight Watchers Easy Pay. Missed week fees must be paid in order to keep your membership current. You will need to re-enroll after four consecutive absences. Sales tax applicable in CT.

**Available only in participating areas in the U.S. Minimum enrollment required. Total cost for At Work meeting series must be paid in advance or through Weight Watchers Easy Pay. Sales tax applicable in CT.

Special Pricing for UPS

UPS is committed to helping you achieve your weight-loss goals and improve your overall health by offering the Weight Watchers services listed below.



Weight Watchers Offering for 2010	Weight Watchers special pricing
13-week Local Meeting vouchers* <i>comes bundled with Weight Watchers exercise DVD (retail value \$15.00)</i>	\$119.86
18-week Local Meeting vouchers* <i>comes bundled with Weight Watchers Walking kit (retail value \$25.00)</i>	\$165.96
13-week At Work meeting series**	\$155.35
17-week At Work meeting series** <i>comes bundled with 19 weeks of free e-tools</i>	\$186.00
At Home kit†	\$124.90
3-month Online subscription‡	\$55.00
12-month Online subscription‡	\$166.70

To purchase any of these Weight Watchers offerings, or for more information, please call 866-896-9255.

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** Available only in participating areas in the U.S. Minimum enrollment required. Total cost for At Work meeting series must be paid in advance or through Weight Watchers Easy Pay. Sales tax applicable in CT.

† Available only in participating areas in the U.S.

‡ Your subscription will be automatically renewed at the end of your plan period at the standard monthly rate (currently \$16.95) until you cancel. You can cancel your subscription on our site, by email or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.

Weight Watchers Online



To sign up for Weight Watchers Online call **866-896-9255** and get your promotion code, then:

1. Visit the Weight Watchers Online sign-up page by clicking the link below.
2. Go to ▶ [Enter promotion code](#) and enter your special promotion code (received when you called the number above) and click "Apply code" to get the special subscription price for UPS.

A screenshot of a web form titled "Enter promotion code". It features a text input field with the placeholder text "Enter your code" and a green "Apply code" button below it.

3. Select the subscription length to purchase (3 month or 12 month).
4. Follow remaining sign-up instructions for setting up your account.



▶▶ [Click here to get started](#)

Your subscription will be automatically renewed at the end of your plan period at the standard monthly rate (currently \$16.95) until you cancel. You can cancel your subscription on our site, by email, or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.